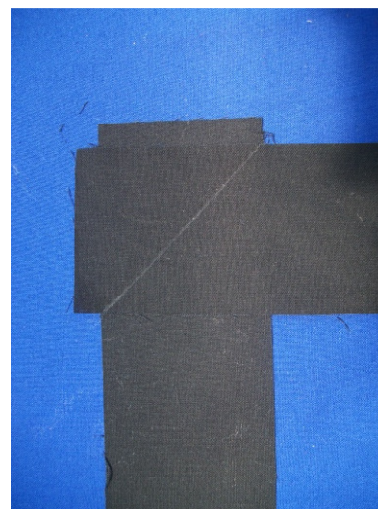


# HOW TO BIND A QUILT

There are numerous techniques for binding a quilt, but an easy double-fold binding is the most durable as the raw edges of the quilt are wrapped within two layers of fabric. This is achieved quite simply by sewing a continuous binding with mitred corners.

1. Using a rotary cutter, cut strips of fabric 2 ½" wide.
2. To sew these strips into one continuous binding strip, place one strip vertically, right side up onto your worktop. Lay a second strip right side down on top of the first strip horizontally.
3. Use a ruler to draw a diagonal line on the wrong side of the fabric from corner to corner across the overlapping areas.



4. Pin. Machine sew along the drawn line.
5. Add as many strips as needed in the same manner until you have a binding strip long enough to go all the way around your quilt with an additional 4" excess.



6. Trim away the excess fabric to ¼ "seam allowance at each join.



7. Press the seams open to help reduce bulk.

8. Fold one end of the binding at a 45 degree angle to the wrong side of the fabric. This will be the starting end of your binding.



9. With wrong sides together, fold and press the full length of your binding in half.

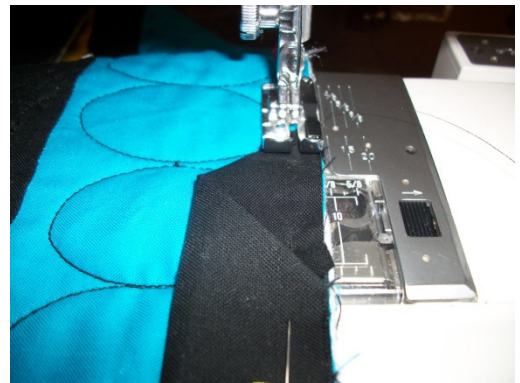
# HOW TO BIND A QUILT

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10. Place the raw edge of your binding strip along the raw edge of your quilt. Position the starting end of the binding approximately  $\frac{1}{4}$ " from the bottom of the right edge of your quilt. Pin to secure the binding.



11. Begin sewing at the top of the diagonal fold using a  $\frac{1}{4}$ " seam allowance from the edge of the quilt.
12. Sew to the corner of your quilt, stopping  $\frac{1}{4}$ " from the edge. Backstitch. Remove from beneath the presser foot and snip threads.



13. Fold the binding upward to create a 45 degree angle. Vertically align the raw edges.



14. Hold the angle fold and bring the binding strip downward to create a horizontal fold that aligns with the top raw edge. (The 45 degree angle fold is hidden underneath).



# HOW TO BIND A QUILT

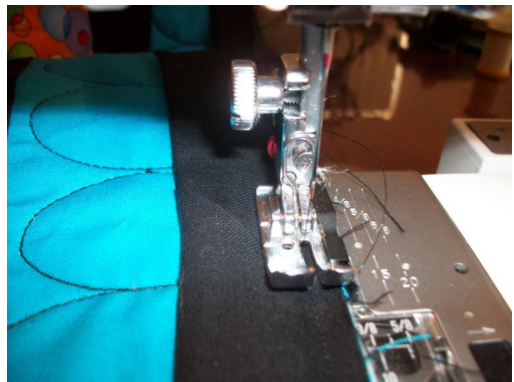
15. Place the quilt and binding back under the presser foot and begin sewing at the fold.

16. Continue to pin and sew the binding to the quilt in the same manner until you reach the top diagonal fold where you began stitching. Stop sewing with the needle down. Lay the loose binding end over the diagonal fold.



17. At the point where the binding matches the lower side of the diagonal fold, make a straight cut to remove the remaining binding end.

18. Tuck the binding tail into the diagonal fold and continue sewing on top the beginning stitches.



19. Lay the quilt on your worktop with the backing facing up. Fold the binding to the back and clip to temporarily hold the binding whilst you hand sew the binding to the back.



20. Choose a thread colour that blends with your backing colour and slip stitch by hand. Stitches should be about 1/4" apart with running thread through the binding fold.

21. Take care at the corners to fold and tuck the fabric to form a 45 degree mitered corner. Continue until binding is complete.



22. Enjoy! ☺